

Encampment Prep School (EPS) Packing List - MN Wing Encampment

The listed items are **MANDATORY** (unless otherwise stated). All items must be marked with your last name. All items should be in one suitcase/bag.

ABU Uniform

- 1 ABU Blouse
- 1 pair ABU Pants
- 2 tan crew neck T-shirts
- 1 ABU Cover (hat)
- 1 tan ABU Belt
- 3 pair Black or sand Boot Socks (heavy, thick or wool)
- 1 pair Black Combat Boots (ensure well-broken in)
- 1 pair Boot-blousers

PT Uniform

- 1 pair black or dark blue athletic shorts (knee-length)
- 1 pair compression shorts (optional - for wear under PT shorts)
- 2 Pair White Athletic Socks
- 1 pair Athletic PT Shoes (#1 item cadets forget!)
- 1 pair plain black athletic pants (optional)
- 1 plain PT sweatshirt (optional)
- 1 sports bras (female only)

Uniform Accoutrements

- 1 Set of current cadet grade insignia
- Warm hat and gloves
- Winter jacket (civilian or ABU)

Personal Items

- Sleeping bag/bedding/blanket & pillow
- 3 pair underwear
- 1 Bra for wear in uniform (female only)

Contraband

The following items are considered contraband and will be confiscated for the duration of the activity and returned at the end. Perishable/illegal items will not be returned. This list is NOT all inclusive.

- *Electronics (phones, ipods, tablets, including watches, etc)*
- *Food/Candy/Drinks*
- *Non-religious reading material*
- *Lighters/matches*
- *Weapons (knives, multitools, firearms)*
- *Explosives (ammunition, fireworks)*
- *Alcohol*
- *Tobacco (e-cigs/nicotine)*
- *Controlled substances or THC/CBD Products*

****If you require an electronic device for medical reasons (i.e. insulin monitor/diabetes carb counting) please email encampment@mncap.org for an accommodation****

- 1 Deodorant
- 1 pack moleskin (band aids recommended)
- 1 Toothbrush
- 1 Toothpaste
- 1 Chapstick (optional)
- 1 Comb/Brush
- 1 Shower Towel
- 1 Wash Cloth
- Shampoo/conditioner
- 1 bar soap with travel container or small bottle of body wash
- 1 pair shower clogs/flip-flops (for wear in shower)
- Razor and Shaving Cream (if needed)
- Female sanitary products (female only)
- 1 Swimsuit (optional - allowed during showers for modesty)
- All needed personal medication/prescriptions (i.e. EpiPen, inhaler)

Miscellaneous Items

- 1 Ruler, 12-18 Inches in Length
- 1 stitch gage (optional – recommended)
- 6 White Plastic Clothes Hangers
- Notebook and Paper (pocket size)
- 2 Pens
- Current CAP ID card
- Shoe Shine Kit/Materials
- 1 Rain Poncho
- Female hair products (hair ties, pins, hairspray, etc)
- 1 Laundry Bag
- 1 set Civilian Clothes (optional for travel home)
- 1 Iron, Starch (optional)
- 1 Safety Vest (optional)